

MINDFUL FACILITATION CERTIFICATE PROGRAM



StirFry Seminars & Consulting

Mindful Facilitation Online Training Program

This program provides an intensive level communication and facilitation online training to those wishing to develop their cultural intelligence, as well as individual and group process skills from a Mindful Facilitation and multicultural perspective. This program will also provide participants with the necessary skills and knowledge to work more effectively with educational and social institutions, professional environments, and diverse communities on diversity issues and cross-cultural needs and concerns.

CERTIFICATE PROGRAM BENEFITS

- Get individualized attention, feedback and support from Master Diversity Trainers
- Network with other professionals invested in diversity work
- Fulfill prerequisite to enter into the Mindful Facilitation Internship Program

CERTIFICATE PROGRAM: AT A GLANCE

Prerequisites	<ul style="list-style-type: none"> ▪ Previous experience with StirFry Seminars, Lee Mun Wah or our trainings and film showings <i>preferred</i>, with the ideal candidates being those who have participated in our live programs. ▪ Previous presentation skills or public speaking background; <i>and if you have none</i>, we will help you develop your presentation and facilitation skill-sets. All skill levels are welcome!
Course Requirements (required workshops/trainings) & Fees	<p>ALL COURSEWORK TAUGHT ONLINE VIA ZOOM VIDEO CONFERENCE. ALL TRAINING SESSIONS ARE HELD ON SATURDAY & SUNDAY, 8 AM TO NOON PACIFIC</p> <p>\$440 Beginning Mindful Facilitation (includes required materials) <i>Choice of dates- February 19-20 or September 17-18, 2022</i></p> <p>\$350 Intermediate Mindful Facilitation <i>Choice of dates- March 19-20 or October 15-16, 2022</i></p> <p>\$350 Advanced Mindful Facilitation <i>Choice of dates- April 2-3 or November 12-13, 2022</i></p> <p>POST COURSE TRAININGS:</p> <p>\$1,225 Mindful Facilitation Mastery Series (must attend 7 classes, \$175/session) <i>Dates: January 29 • February 26 • April 30 • May 14 • July 30 September 24 • November 5 *8:30 am - 12:30 pm Pacific*</i></p> <p>*You can take up to two years to take any of the 7 sessions</p> <p>ADDITIONAL REQUIREMENTS:</p> <p>\$100 Facilitate 3 recorded online group sessions \$100 Meet with supervisor 4 times for 30 minutes to review progress \$100 Final written exam</p> <p>**SFS Mindful Facilitation Certificate is for curriculum mastery only</p> <p>TOTAL FEES: \$2,865</p> <p><i>If you have taken any of these classes (beginning, intermediate or advanced) within the past three years, then those fees will be deducted from the total amount.</i></p> <p><i>Tuition for the Certificate includes the costs associated with all online programming, testing fees, and required hard-copy materials. The tuition fee does not include the cost of soft-copy required materials (online film rentals, approximately \$100). NOTE: StirFry Seminars offers two payment plans, but does not offer a sliding fee scale or financial aid for this program.</i></p>

Internship Training
Program
(optional)

\$300 **SFS INTERNSHIP PROGRAM** *(supervision costs and fees apply)*
Upon completion of hours: **OFFICIAL SFS CERTIFIED TRAINER**
[\(See requirements & description on registration form\)](#)

TO REGISTER: Visit www.stirfryseminars.com/certification
or contact Sayeh Afrasyabi at sayeh@stirfryseminars.com, or call **510-204-8840 x103**

Mindful Facilitation CERTIFICATE Program Waiver & Agreement with StirFry Seminars & Consulting

I [PRINT NAME HERE] _____ (hereafter, "Trainee") freely and voluntarily seek to participate in the certificate program provided by StirFry Seminars & Consulting (StirFry). As a Trainee in this program, I understand and agree to the following:

** I agree that if these requirements are not met as determined by StirFry Seminars (and/or alternative arrangements are not made), it is understood that it is at the discretion of StirFry to terminate participants from the program without refund.*

1. That I will get assessments of my in-class participation from my facilitator(s) and that I will integrate that feedback into my subsequent participation during my future classes.
2. That I will need to take a Written Evaluation at the end of the program and pass these tests in order to graduate.
3. That I am not guaranteed employment with StirFry Seminars & Consulting after concluding my Certificate Program.
4. That the nature of the training program may elicit possible emotions and feelings that may subject me to emotional or psychological stress or discomfort. To accept such risks and assume the responsibility for emotional distress and/or other psychological or physical effects that may arise from my own interpretation of the process.
5. To accept and acknowledge that this training is not intended as psychotherapy or as a substitute for psychotherapy.
6. That any curriculum materials provided in this Certificate Program is the property of StirFry Seminars and cannot be shared or used for the financial benefit of Trainee or anyone else not consented by StirFry for its use.
7. That any curriculum materials reviewed, viewed or listened to in this Certificate Program is deemed confidential and shall not be shared or disclosed to anyone outside of StirFry or Trainees in your particular cohort in the Certificate Program.
8. To give Waiver and Release of Liability with full knowledge and appreciation of these and other inherent risks associated with this Certificate Program. As a Trainee, I freely and voluntarily assume the risks of the training. I also voluntarily agree to waive any and all rights to sue and hereby release StirFry Seminars or its sponsors, directors, officers, members, employees, agents, volunteers, representatives, designated offices or others acting on his/her or their behalf, from all liability, loss, claims, or actions for harm, expenses, or damage to Trainee or Trainee's property resulting from the inherent risks of the Certificate Program, or resulting from any action or inaction by StirFry.

I HAVE READ THIS ASSUMPTION OF RISK, WAIVER AND RELEASE OF LIABILITY, I UNDERSTAND THAT IT IS RELEASE OF CLAIMS AND THAT I AM ASSUMING RISKS INHERENT TO MY PARTICIPATION AS TRAINEE, AND I AGREE TO BE FULLY BOUND BY ITS TERMS.

Signature of Trainee _____ Date _____

Check box to indicate your understanding that an electronic (typed) signature has the same legal effect and can be enforced in the same way as a written signature.

Print Name of Trainee _____

Tuition for Mindful Facilitation Certificate Program

There are two options for confirming your seat in the Mindful Facilitation Certificate Program, either payment in full or in two parts.

If you choose the two-part option, the first payment of **\$1140** (*cost of tuition and materials for the Beginning, Intermediate and Advanced sessions*) is required at the time of enrollment.

The second payment of **\$1725** is due before the first session of the Mastery Series.

Tuition for the Certificate includes the costs associated with online programming, required hard-copy materials as well as the testing fee.

PREVIOUS COURSEWORK TAKEN WITHIN LAST 3 YEARS, from 2019 on. (Attendance will be confirmed by StirFry Seminars)
The cost of the sessions attended will be deducted from the fees.

Course	Date	Fee Paid; fee deduction requested
Mindful Facilitation Beginning Level		
Mindful Facilitation Intermediate Level		
Mindful Facilitation Advanced Level		
TOTAL FEES to be DEDUCTED		

Payment Options

[← Check here.](#) **OPTION 1: I want to pay my full tuition of \$2865 in full today.**

Enter Total Tuition Authorized to be paid today →	\$ _____
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Payment Method: Tuition payment accepted by check or credit card.

Check: _____ (check number)	Please make checks payable to: StirFry Seminars & Consulting.
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or

Credit Card Method:	Visa <input type="checkbox"/>	MasterCard <input type="checkbox"/>	Amex <input type="checkbox"/>	Credit Card #
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Exp. Date:	Billing Zip Code	Please include the 3 or 4-digit number on the back of your card.
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Name on Card:	Signature
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Check box to indicate your understanding that an electronic (typed) signature has the same legal effect and can be enforced in the same way as a written signature.

I understand that the tuition fee does not include the cost of soft-copy required materials (online film rentals, approximately \$100). I understand that StirFry Seminars does not offer a sliding fee scale or financial aid for this program. I understand that written notification of program cancellation is required via email: sayeh@stirfryseminars.com. I understand that all payments made are non-refundable, regardless of participation status.

Signature: _____ **Date:** _____

Check box to indicate your understanding that an electronic (typed) signature has the same legal effect and can be enforced in the same way as a written signature

← Check here. **OPTION 2: I want to put down the required \$1140 deposit to secure my seat today and understand that my credit card will be charged \$1725 for the remaining balance.**

Enter Required Tuition Deposit Authorized to be Paid Today → \$_____ (of \$_____) ← Enter Total Tuition

Payment Method: *Tuition payment(s) accepted by credit card only.*

Credit Card Method:	<input type="checkbox"/> Visa	<input type="checkbox"/> MasterCard	<input type="checkbox"/> Amex	Credit Card #
Exp. Date:	Billing Zip Code:		Please include the 3 or 4-digit number on the back of your card.	
Name on Card:			Signature	

Check box to indicate your understanding that an electronic (typed) signature has the same legal effect and can be enforced in the same way as a written signature.

I understand that the \$1140 tuition deposit will be charged today and the remaining balance of \$1725 will be automatically charged to my credit card and paid in full. I understand that credit card payments are the only payment method accepted for Option 2. Any changes to the credit card payment information I note on this form are my responsibility to communicate with StirFry Seminars to ensure timely payments. I also understand that the tuition fee does not include the cost of soft-copy required materials (online film rentals, approximately \$100). I understand that StirFry Seminars does not offer a sliding fee scale or financial aid for this program. I understand that written notification of program cancellation is required via email: sayeh@stirfryseminars.com. I understand that all payments made are non-refundable and participants are committed to paying any balance due in full, regardless of participation status. I agree to pay my balance in full by the start of the Mastery Series and understand that finance charges will accrue at a 1% monthly interest rate on my remaining balance after 60 days.

Signature: _____ Date: _____

Check box to indicate your understanding that an electronic (typed) signature has the same legal effect and can be enforced in the same way as a written signature.

Please **EMAIL** or **MAIL** your form to the address below.

FOR QUESTIONS:

Contact: Sayeh Afrasyabi, Phone: 510.204.8840 ext. 103
Email: sayeh@stirfryseminars.com
Mail: 2311 8th St. Berkeley, CA 94710